| | U5 & U6 | U8 | U10 | U12 | U14+ | law # |
|--|--|--|---|---|--|-------|
| Ball Size | 3 | 3 | 4 | 4 | 5 | 2 |
| Players on the Field | 3 v 3 no keeper | 4 v 4 including roaming keeper | 6 v 6 including keeper may change according to team size | 8 V 8 Including keeper may change according to team | 11 v 11 including keeper may change according to team size | 3 |
| Substitutes | Unlimited/Free (Encourage to play a full quarter though) | Unlimited (Encourage to play a full quarter though) from center line own throw in any goal kick kick off injured player | Unlimited from center line own throw in any goal kick kick off injured player | Unlimited from center line own throw in any goal kick kick off injured player | Unlimited from center line own throw in any goal kick kick off injured player | 3 |
| Referee | None (One Coach per team may be on the field to guide players) | Center Only | Center & 2 Lines | Center & 2 Lines | Center & 2 Lines | 5 |
| Duration of Match | four 10 min quarters 2 min quarter breaks 5 min half time break switch sides at half kick off starts quarter | four 12 min quarters 2 min quarter breaks 5 min half time break switch sides at half kick off starts quarter | two 25 min halfs 5 min half time break switch sides at half | two 30 min halfs 5 min half time break switch sides at half | two 35 min halfs 5 min half time break switch sides at half | 7 |
| Score Kept | No | No | Yes | Yes | Yes | 10 |
| Offsides | None | None | Yes | Yes | Yes | 11 |
| Free Kicks | all free kicks are direct (if it's close to the goal, back it up 5 yards from the goal) | all free kicks are direct (if in the box, move the kick 5 yards from the goal) | conform to FIFA (opponent stays at least 8 yards back) | conform to FIFA (opponent stays at least 8 yards back) | conform to FIFA (opponent stays at least 10 yards back) | 12 |
| # Throw-In Retrys | Coach Discretion | 1 | None | None | None | 15 |
| Corner Kicks / Goal Kicks | No- throw ins from the side only | Yes | Yes | Yes | Yes | 16 |
| PK Shootout (in the event of a tie) | n/a | n/a | coin toss decides 1st team to kick. both teams take 5 kicks alternatelyteam that scores most wins. if still tied continue 1 at a time until there is a winner (using all players from the team starting with the ones on the field at the end of play). | | | |